

# TERUMO SYRINGES

**Terumo are no longer making the 1ml syringes in the United States. NSPs can't supply this product any more.**

The shift to Korean-made Terumo equipment has led to issues for NSPs and their clients. A process is underway to source alternative equipment – but in the meantime, it's important to do all you can to stay safe.

Some people have successfully gotten used to the Korean-made Terumo equipment. You'll find their advice on the back of this card, as well as some general safer use tips. Give them a go.

**New equipment every time. Don't share. Don't re-use.**  
**NSP workers are here to help.**

## GENERAL SAFER USING ADVICE

**Do not share injecting equipment.**

Every time you share you're risking Hepatitis C and HIV.

**Protect your veins and don't re-use.**

Needles blunt after the first use and get blunter each time.

**Take lots of equipment.** Get extras in case you need them.

**Clean the injecting site.** Wash your hands or swab them. Take lots of swabs from the NSP.

**Take care of your injecting sites.**

Seek treatment for any injuries.

**Rotate injecting sites.**

## SAFER USING TIPS: KOREAN-MADE TERUMO

**Slow down.** Relax. Go slow. Take your time.

**Pump the plunger.** This helps free up the stiff feeling and makes drawing back easier.

**Keep it sharp.** Be careful not to blunt the needle on the spoon. A filter will help.

**Drop the angle.** Try dropping the angle of the fit to almost flat when injecting –people say it helps find the vein.

**Make sure you're in a vein.** There might be less blood in the barrel than you're used to, but there still should be some.

**Tiny bubbles in the barrel.** Don't worry, they're harmless.

**Having problems?** Start again, using new equipment.

**Spread the word.** If you find things that work for you tell your mates. If you know people having issues, suggest they speak to staff at the NSP.

**The caps are flimsy.** Needles can puncture caps and cause injury. Be extra careful.

Take control. Try to get used to the Korean-made Terumos while things get sorted out.

**Dispose of all equipment safely.**