

# Opioid Overdose Response Plan

– naloxone pre-filled syringe (Prenoxad®)

COPE

*Penington* | PENINGTON  
INSTITUTE

## If someone drops, ACT QUICKLY

- Check for danger like uncapped needles
- Call 000 AND use naloxone
- Stay with them until help arrives

## WHAT TO DO

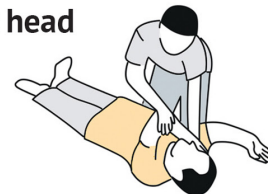
- Make sure the airways are clear of obstruction.
- Place the person into the recovery position.
- Give them one dose of naloxone from pre-filled syringe in upper arm/shoulder or thigh.  
**(see other side for steps)**
- If no response after 2-3 minutes, give a second dose (leave them in the recovery position).
- Stay with person and wait for help.

## RECOVERY POSITION

### 1. Raise arm



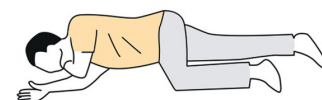
### 2. Support head



### 3. Lift leg



### 4. Roll over



### Aftercare

Naloxone usually wears off in 30 to 90 minutes. Then the person might drop again.

**If you need to use more naloxone - use it.**

Do not leave them alone and discourage them from using any drugs for at least two hours.

1

Remove the clear film wrapping by pulling the red tear strip on the side of the box. Twist the outer plastic to break the tamper evident seals and open.



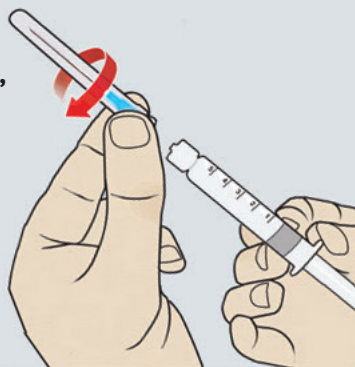
2

Unscrew the plastic top from the syringe.



3

With the needle still in its sheath, screw the blue fitting onto the syringe. Remove the cap by twisting it instead of pulling it.

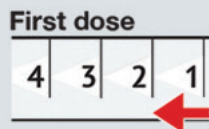


4

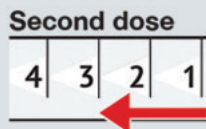
Hold the syringe like a pen or dart. Insert the needle at right angles (90 degrees) into the outer thigh or upper arm muscle, through clothing if necessary.



5



Inject the first dose marked on the syringe with a '1'



Additional doses of naloxone can be given every two to three minutes (every four minutes for pregnant women).

6

Remove the syringe with the needle attached and safely put it back into the case.



**Note the time so you can inform the paramedics.**

**If there is no response after two to three minutes, give them a second dose (every four minutes for pregnant women). Follow steps as above.**

**DISPOSE OF ALL NEEDLES, SYRINGES AND AMPOULES SAFELY INTO A SHARPS CONTAINER WHERE POSSIBLE. REPLACE USED NALOXONE DOSE.**